

mouth three eat food body chemicals mechanical teeth saliva

We would die without food. Everyone needs to Many things happen to the food you eat once you put it into your Your body cannot use food when you first swallow it. The must be changed. The process that changes food so that the can use it is called digestion. There are steps to digestion - mechanical digestion , chemical digestion , and absorption . The food is first broken into small pieces by the and then by the movement of the stomach muscles. This is called digestion. When you put the food into your mouth, the teeth begin mechanical digestion by breaking up the food. The food is then mixed with Saliva is a kind of water that comes into your mouth that helps you swallow the food. Saliva has special to help digestion.

Have the students drag words to the correct gap in the text.

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